

HEALTH & FITNESS
CLUB

Summer Membership *Collection 2026*

Exclusive wellness, fitness and lifestyle privileges designed around modern city living.

MEMBERSHIP OPTIONS

 1 MONTH QAR 1,000	 3 MONTHS QAR 2,363	 6 MONTHS QAR 2,925	 ANNUAL QAR 3,757
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Seasonal memberships available until 31 August 2026

INCLUDED IN EVERY MEMBERSHIP

 Full Health & Fitness Club Access	 10% Savings on Personal Training Sessions	 15% Savings on Lamara Spa Treatments	 25% Dining Benefits Worldwide Through IHG One Rewards	 Complimentary Parking Access
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MEMBERSHIP COMPARISON

Benefit	1 M	3 M	6 M	Annual
Complimentary Day Passes	1	2	3	4
★ 20% Dining Privileges across selected dining destinations	✓	✓	✓	✓

★ *Included outlets : La Parisienne, The Square, The Asian Kitchen, Al Jalsa Garden Lounge, Steak and The City, and Curry House.*



More Than A Gym Membership

Your membership opens the door to a complete lifestyle experience. Train with state-of-the-art fitness facilities, enjoy preferred dining privileges across selected restaurants, unwind at Lamara Spa and benefit from exclusive member advantages designed to complement your everyday routine.

TRAIN. RECHARGE. DINE. THRIVE.

46th Floor

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